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# Using Environments To Enable Occupational Performance



## Synopsis

Using Environments to Enable Occupational Performance is a unique new text that specifically focuses on how environments (physical, social, cultural, institutional) can be used by occupational therapists to enable occupational performance with all types of clients. This informative text provides a framework to think about how environments fit into occupational therapy theory and practice. Examples of different approaches to occupational therapy intervention involving environments are demonstrated in a comprehensive format. Community settings, institutions, mental health, pediatrics, hand rehabilitation, health promotion, and gerontology are just a few of the areas covered inside. Each chapter contains "real world" scenarios from occupational therapists about how the environment can be used to optimize occupational performance. Review questions are also included that ask the reader to apply the learned knowledge in a variety of settings. These features, along with the shared expertise of contributing authors, are beneficial to both students and clinicians in reinforcing the theory-practice link.

## Book Information

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## Customer Reviews

"Using Environments to Enable Occupational Performance" provides state of the art information on theoretical and practical aspects of the environment crucial to enabling occupation. This book fills an important gap in the occupational therapy literature. It provides a much-needed language and structure for occupational therapy's examination and use of environmental resources in practice and

research, and is recommended as a key resource for both." &#151; Mary Egan, *Revue Canadienne D'Ergotherapie* "It provides invigorating reading for experienced practitioners and educators, like myself, and inspiration for students and younger practitioners who have discovered roadblocks to occupational performance narrowly focused on the individual occupational issues, and their immediate environment." *Using Environments to Enable Occupational Performance* is a scholarly and comprehensively referenced book guiding readers to the sources of evidence that support each chapter. The accessibility of the content is enhanced by explicit chapter titles and an engaging style, making this book one you will want to return to on a regular basis." " Glenys French, *Australian Occupational Therapy Journal*

**Lori Letts, PhD, OT Reg. (Ont.)** Lori Letts, PhD, OT Reg. (Ont.) is an Assistant Professor within the School of Rehabilitation Science at McMaster University. She received her Bachelor of Science degree in Occupational Therapy from the University of Western Ontario in 1987. In 1991, she received a Master of Arts with a joint degree in Gerontology and Regional Planning and Resource Development. She received her PhD in Environmental Studies at York University, Canada. Her research and practice interests include aging, environment (theory, assessment, intervention), health promotion, community rehabilitation, evidence-based practice, program evaluation, and participatory research.

**Patty Rigby, MHSc, OT Reg. (Ont.)** Patty Rigby, MHSc, OT Reg. (Ont.) is an Assistant Professor in the Department of Occupational Therapy, Faculty of Medicine, University of Toronto. She is also the Research Coordinator for Occupational Therapy at Bloorview MacMillan Children's Centre in Toronto. She completed her undergraduate studies in occupational therapy at the University of Alberta in 1976, and in 1991 received a Master of Health Sciences degree from McMaster University. Her research and practice interests include enabling childhood occupations such as play and school productivity, assistive technology for children, environment (theory, assessment, and intervention), and cost-utility evaluation of assistive technology.

**Debra Stewart, MSc, OT Reg. (Ont.)** Debra Stewart, MSc, OT Reg. (Ont.) is an Assistant Clinical Professor in the School of Rehabilitation Science, and a Co-Investigator at CanChild Centre for Childhood Disability Research at McMaster University. She received her Bachelor of Science degree in Occupational Therapy from the University of Toronto in 1976, and has worked clinically in the field of pediatrics for many years. In 1998, she received her Master of Science degree in Design, Measurement, and Evaluation at McMaster University. Debra's research interests include person-environment relations in occupational therapy, evidence-based practice, and the experiences of young people with disabilities in transition from adolescence to adulthood.

I had to buy this book as a requirement for a class but if it's optional it's not really necessary, any other book that covers environmental modifications (like ergonomics or anything that covers sections on Alzheimer's treatment) can work well.

The book came in great condition and nicely packaged. The shipping was much faster than expected. I also was able to purchase the book much cheaper than sold at the bookstore. Very happy with everything :)

This textbook is a great resource for any OT looking to learn about how to effectively include an environmental outlook in their approach. It reviews all the prominent theories regarding OT and the environment. The only critique is that it might need updating since a lot has been researched and learned since it's publishing date (2003).

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